

Deployment Health Assessment (DD Forms 2795, 2796, 2900) and Deployment Mental Health Assessment (DD FORM 2978)

	Prior to Deployment	Returning from Deployment	Once Returned from Deployment		
Assessment	Pre-Deployment Health Assessment (Pre-DHA) (DD 2795)	Post Deployment Health Assessment (Post-DHA) (DD 2796)	Post Deployment Health Re-Assessment (PDHRA) (DD Form 2900)	Deployment Mental Health Assessment (DMHA) (DD FORM 2978)	Deployment Mental Health Assessment (DMHA) (DD FORM 2978)
Timeframe	To be completed no earlier than 120 days prior to start of deployment	To be completed between 30 days before and 30 days after return from deployment	To be completed between 90-180 days after returning from deployment*.	To be completed between 181-545 days (7-17 months) after returning from deployment	To be completed between 546-910 days (18-30 months) after returning from deployment**

* Early completion is allowed only for service members separating from the Navy/USMC. PDHRA must be completed even if it has been more than 180 days after returning from deployment

** The final DMHA must be completed even if it has been more than 30 months after returning from deployment